



# Project Kenya 2011

Helping African women & children impacted by HIV/AIDS

## Habari....

It's time for my annual visit to Kenya. One friend has volunteered to travel with me this year; we leave on August 3rd. We will visit The Ecumenical Centre, Villa 16, Mwatate Children's Rescue Centre and Kenyatta National Hospital. We will also enjoy Kenya's hospitality, food and attractions.

## The Ecumenical Day Care and Support Women's Group

We will bring back updates and photographs from the women who received the 22 goats, 46 water tanks and Micro Loans in 2010.



This year we hope to buy 104 small water tanks (250 liters) for the remaining women; each tank costs 700 Kenyan shillings (\$9.00); total 72,800 Ksh (\$936.00 Cdn).

We are also hoping to top up The Revolving Fund. To date, an additional 11 women are approved for Micro Loans totaling 50,000 Kenyan shillings (\$625.00 Cdn).

The Ecumenical Centre is seeking funding for these loans to help these women start the following businesses: soap making (1), chicken rearing (5), vegetable kiosks (3) small shop (1) and home cooked meals (1).

## Kenyatta National Hospital

We will visit Dr. Victor Kireti and help cheer up the current patients in the Children's Orthopedic Ward. We are seeking donations to buy toys, games and DVDs.

## Villa 16 & Mwatate Children's Home and Rescue Centre



We will buy some foodstuff for Albina's 16 HIV orphans at Villa 16 and Mr. Kariuki's 35 orphans at Mwatate Rescue Centre.

Last year, when we visited Mwatate Children's Home, we noticed just how dusty and dirty everything was.

Victor explained that Mwatate is located in a very dry area and water is free betting tips scarce.

We are proposing to have Mwatate engage members of the community to help us paint the inside



of their rented home.

To complement the clean walls and new malaria treated mosquito nets, we are seeking donations to buy some bed sheets and 34 single high density foam mattresses for the children's beds; each mattress costs 2,400 Kenyan shillings (\$30.00); total 81,600 Ksh (\$1,020.00 Cdn).

**Thank you in advance for your generosity towards the needy women and children in Kenya.**



**100% of your donation will go towards our projects for these women and children.**

**To sponsor any of these projects, please contact me.**

**We can all make a difference!**

**Thank you, Floreen**

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## Changing lives, one woman at a time.....in their own words

### The Ecumenical Centre

#### Appreciation Letter

**Dear Mr and Mrs Mukudi,**

There you are. I hope you are fine together with the rest (children & husband).

I Edith am okey and I believe in Jesus Christ. Nothing difficult if you pray and trust, all things are possible.

I thank you for helping me with a tank. Because in this time the rain falled. The tank is full of water. So am happy, I use it very well, wash, cooking and so on.

So I have benefited with it so much. I am not fetching water like before. May our dear Lord bless you so much when you are doing your work and give you more effort to take care of the poor.

Bye and God Bless You.

***Yours, Edith Mwaura***



year 2003. I have benefited a lot in the group. There is food I have been receiving when available, uniforms, shoes and what I had enjoyed most is the milk from the dairy goat and water from a 1,000 litre tank.

One of the children left behind, aged 7yrs now was left when she was 4 years old. She seemed to be sick and underage. I took a step to know, and get awareness of her health, whereby it was joyful to know that she was okey. When I received the dairy goat, I promised myself to feed her with the



**16th March 2011**

**Dear Sir / Madam,**

**Re: Appreciation Letter**

My name is Hannah Wanjiru Mwangi. I am married and blessed with 4 children, one son and 3 daughters. Due to the death of my sister in law my family is added 3 other kids whom we support assisted by my mother in law. I joined the Ecumenical Group in the



milk. She enjoyed it for 3 months before I stopped milking. People started commenting on how her health had improved, which made me wake up and started praying and thank God for Ecumenical Group more than I was doing. You can't image how healthy she looks up to date.

Last December, I received a 1,000 litre tank,



this made my life look different. I could fetch water in 3 days time after a very heavy rain falls. My health couldn't let me survive with ups and downs thinking of the kilometres where to get water from. From last December I am the most joyous woman in Kibiko. Right now am enjoying rainy water from Ecumenical tank project. Knowing that it will not rain today and after 2 days fetch water, I do pray God to bless Ecumenical Project Director and the entire group.

May the Lord enlarge your territory. Amen.

Thanks in advance,

**Hannah Mwangi**

**I have found that among its other benefits, giving liberates the soul of the giver.**

**..... Maya Angelou**

**Joyce Sindoiyh Kiritu**

**Ngong Hills**

**Benefits of being a member of The Ecumenical Project**

I do take this gold opportunity to thank God and also the Ecumenical Project Team for giving me chance to be one of their member.

It was on 16th Aug 2009 I received a call from the Oloolua Ecumenical staff informing me that there was a present that they want to give my 2 sons who are asmatic. My heart was in my mouth coz on that they were unwell so I had nothing to buy the medicine. Around noon is when they had asked me to meet them. I was given a 3 months she goat. I was as happy as a king to see that.

I took her home praying God that she could



life healthy. After 3 months she was served and gave birth to 3 kids, two died.

May I say I have been giving my kids that goat milk because I was told that the milk helps a lot in asmatic. I have seen a big change coz they are not suffering like before.

May I say that I am as happy as a lark to have my healthy goat whom we have named her Kaloke.

God I have a small kitchen garden that I have plant some kales and carrots with the manure I get from her.

God Bless The Ecumenical Staff and the Project.

**Yours, Joyce Kiritu**

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**Lucy Nduta Njogu**

**15th March 2011**

## **Benefits of being a member of The Project**

I hereby give my appreciation or the many benefits I have acquired from being a member of this project.

I have in my possession a tank and a goat which I received from this project. Both have helped to improve my life in general.

The tank for example saves a lot of time as I've previously been spending fetching water.

The money I spent buying water can now be used elsewhere. Backache is now past tense in my life since I don't carry jerry cans of water anymore.

I have access to clean drinking water as earlier on I have been using water which I was not sure of its cleanliness. The water is actually a God-send for all my domestic uses.

I have also developed a kitchen garden where I plant vegetables for my use at

home. It saves a lot of money which I could otherwise be used to buy them from the market.

I do my washing with ease anytime of the day. I can say cleanliness has improved greatly in my home. We can use water liberally.

The goat is also of great help to me. I get milk everyday. Before I could do without milk sometimes. I am healthier today.

Other than milk I get manure which I use in my vegetable garden.

The goat is easy to manage as it does not require a lot of animal feeds. It even helps to keep the home environment clean as it eats the grass which could otherwise be a bother.

I want to say I am truly grateful for everything. I wish all those giving me support and better help a long life.

Thank you.

Yours faithfully,

**Lucy Nduta**



**I shall pass through this world but once. Any good therefore that I can do, or any kindness I can show to any human being, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.**

*.....Mohandas Gandhi*

**Asante Sana ♦ Thank You**

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